

# Ligature Management



 ½ Day  Certificates and handouts

## Why is it important?

Around 4400 people each year commit suicide and around ten times as many attempt suicide.

The mortality rate for hanging and strangulation is around 80% and can be performed with limited physical ability and the use of everyday items.

Training staff to identify the possible items and methods that could be used in their work environment and how to deal with these incidents, can significantly reduce the risk of death and long-term health problems.

## What's Covered?

- ✓ Definition of a ligature
- ✓ Suspended and unsuspended strangulation
- ✓ What can be used as a ligature
- ✓ Ligature cutters (Practical)
- ✓ Identifying potential ligature/ anchor points
- ✓ Anti ligature devices
- ✓ Emergency Procedures
- ✓ Post ligature first aid
- ✓ Signs & symptoms of ligature attempts

Our 3-hour, Ligature Management training combines theory and practical, giving learners the knowledge and experience to perform dynamic and pro-active risk assessments and to remove ligatures quickly.

Contact us to book a session for your staff, at your own venue and at a day and time to suit you.



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